

# Glucagon-like peptide-1 receptor signalling selectively regulates murine lymphocyte proliferation and maintenance of peripheral regulatory T cells

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## Abstract

**Aims/hypothesis** Glucagon-like peptide-1 receptor (GLP-1R) agonists improve glucose control in animals and humans with type 1 diabetes. However, there is little information on the role of the GLP-1R in the immune system. We studied the role of the GLP-1R in immune function in wild-type (WT) and non-obese diabetic (NOD) and *Glp1r*<sup>-/-</sup> mice.

**Methods** *Glp1r* mRNA expression was examined in sorted immune subpopulations by RT-PCR. The effects of GLP-1R activation were assessed on cAMP production and proliferation, migration and survival of primary immune cells from WT and NOD mice. The ability of primary cells from *Glp1r*<sup>-/-</sup> mice to proliferate, migrate or survive apoptosis was determined. Immunophenotyping studies were performed to assess the frequency of immune subpopulations in *Glp1r*<sup>-/-</sup> mice.

**Results** Ex vivo activation of the GLP-1R resulted in a modest but significant elevation of cAMP in primary thymocytes and splenocytes from both WT and NOD mice. GLP-1R activation did not increase proliferation of primary

thymocytes, splenocytes or peripheral lymph node cells. In contrast, *Glp1r*<sup>-/-</sup> thymocytes exhibited a hypoproliferative response, whilst peripheral *Glp1r*<sup>-/-</sup> lymphocytes were hyperproliferative in response to mitogenic stimulation. Activation or loss of GLP-1R signalling did not modify apoptosis or chemotaxis in primary lymphocytes. Male *Glp1r*<sup>-/-</sup> mice exhibited a significantly lower percentage of peripheral regulatory T cells, although no differences were observed in the numbers of CD4<sup>+</sup> and CD8<sup>+</sup> T cells and B cells in the spleen and lymph nodes of *Glp1r*<sup>-/-</sup> mice. **Conclusions/interpretation** These studies establish that GLP-1R signalling may regulate lymphocyte proliferation and maintenance of peripheral regulatory T cells.

**Keywords** GLP-1 · GLP-1 receptor · Immunology · Incretin · T cell

## Abbreviations

7-AAD	7-Amino-actinomycin D
B220	CD45R/protein tyrosine phosphatase, receptor type, C
ConA	Concanavalin A
Ex-4	Exendin-4
FOXP3	Forkhead box protein 3
GLP-1	Glucagon-like peptide-1
GLP-1R	Glucagon-like peptide-1 receptor
MIP-3b	Macrophage inflammatory protein 3b
PGE-2	Prostaglandin E2
PMA	Phorbol myristate acetate
SDF1a	Stromal cell-derived factor 1a
TC	Tissue culture
TCR	T cell receptor
Treg	Regulatory T cell
WT	Wild-type

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## Introduction

Glucagon-like peptide-1 receptor (GLP-1R) activation, either by preventing degradation of its endogenous ligand, or via administration of long-acting receptor agonists, is used for the treatment of type 2 diabetes [1]. GLP-1R activation induces multiple glucoregulatory actions, including inhibition of glucagon secretion and gastric emptying, both of which reduce postprandial glycaemic excursions in patients with type 1 diabetes [2]. The regenerative and cytoprotective effects of glucagon-like peptide-1 (GLP-1) on beta cells have engendered considerable interest in whether GLP-1 may be useful for the treatment of type 1 diabetes, either in combination with immunomodulation [3–6] or as adjunctive therapy in islet transplantation [7–10].

Intriguingly, GLP-1R agonists improve type 1 diabetes in animal models without the need for immunotherapy, thus implicating GLP-1R-dependent signalling pathways in immunoregulatory processes [11–14]. Nevertheless, little is known about the effects of GLP-1 on the immune system. *Glp1r* mRNA transcripts have been detected in murine lymphoid tissue [12], and GLP-1R activation stimulates regulatory T cells (Tregs), by both increasing the frequency and improving the function of these cells in recently diagnosed diabetic NOD mice [15].

The use of exenatide therapy in patients with type 1 diabetes [16, 17], despite limited knowledge of the putative immunoregulatory role of the GLP-1R, prompted us to ascertain whether the GLP-1R is active in a range of immune cells. We have now assessed immune function following GLP-1R activation in wild-type (WT) and non-obese diabetic (NOD) mice, a model of type 1 diabetes. In complementary studies, we characterised selective functional variables using primary immune cells from *Glp1r*<sup>-/-</sup> mice. Our data reveal a role for GLP-1R signalling in the proliferation and regulation of primary murine lymphocytes.

## Methods

**Reagents** Synthetic exendin-4 (Ex-4) was purchased from California Peptide Research (Napa, CA, USA), dissolved in phosphate buffered saline (pH 7.4) and stored at -80°C until use. GLP-1 (1–37), GLP-1 (7–36) amide and GLP-1 (9–36) were purchased from Bachem (Torrance, CA, USA). Prostaglandin E2 (PGE-2) was purchased from Sigma-Aldrich (St Louis, MO, USA).

Anti-CD3 and anti-CD28 antibodies were from BD Pharmingen (San Jose, CA, USA). Concanavalin A (ConA), phorbol myristate acetate (PMA) and ionomycin were from Sigma-Aldrich. IL-2, chemokine (C-C motif) ligand 19 (CCL19) (also known as macrophage inflammatory protein

3b [MIP-3b]), chemokine (C-X-C motif) ligand 12 (CXCL12) (also known as stromal cell-derived factor 1a [SDF1a]) and chemokine (C-C motif) ligand 25 (CCL25) were from Peprotech (Rocky Hill, NJ, USA). Dexamethasone was from Sigma-Aldrich, staurosporine from Calbiochem (Darmstadt, Germany) and anti-Fas antibody (Jo2) and annexin-V/7-aminocoumarinyl-actinomycin D (7-AAD) apoptosis detection kit from BD Pharmingen.

For immunophenotyping and cell-sorting studies, the following monoclonal antibodies were prepared as described previously [18]: purified anti-CD16/CD32 (for Fc blocking), biotinylated anti-CD8 $\alpha$ , FITC-labelled anti-CD8 $\alpha$ , FITC-labelled anti-CD4, phycoerythrin (PE)-labelled anti-CD4, allophycocyanin (APC)-labelled anti-H57 (T cell receptor [TCR]  $\beta$  chain) and FITC-labelled anti-CD19. Streptavidin–Spectral Red (SPRD) was from Southern Biotech (Birmingham, AL, USA). FITC-labelled anti-IgM and PE-labelled anti-protein tyrosine phosphatase, receptor type, C (B220) were from BD Pharmingen. The mouse Treg-staining kit (FITC-labelled anti-CD4, PE-labelled anti-CD25 and APC-labelled anti-mouse/rat forkhead box protein [FOXP3] [FJK-16s]) was from eBioscience (San Diego, CA, USA).

*Mice* NOD/Ltj mice were from the Jackson Laboratory (Bar Harbor, ME, USA) and C57Bl/6 mice were from Taconic Farms (Germantown, NY, USA). Mice were acclimatised to the animal facility for at least 1 week prior to analysis. For the immunophenotyping and loss-of-function studies, *Glp1r*<sup>-/-</sup> mice and age- and sex-matched littermate controls on a C57Bl/6 background were used. Mice were housed in a pathogen-free facility and maintained on a 12 h light–dark cycle, with free access to standard rodent chow and water. All experiments were carried out in accordance with protocols and guidelines approved by the Animal Care Committees of the Toronto General and Mt Sinai Hospitals.

**FACS** Primary single-cell suspensions from thymus, bone marrow, lymph nodes and spleen of 6- to 9-week-old male and female NOD/Ltj and age-matched C57Bl/6 mice were prepared by passing the tissue through a 70  $\mu$ m cell strainer and recovering cells in calcium- and magnesium-free Hanks' balanced salt solution with 2% (vol./vol.) FBS and 10 mmol/l HEPES. For the bone marrow preparation, cells were flushed from the tibia and femur and clumps were dissociated by repeatedly passing the cells through a 10 ml syringe, then through a 70  $\mu$ m cell strainer. Erythrocytes were lysed using RBC Lysis Buffer (Biolegend, San Diego, CA, USA) and removed from cell suspensions. Cell numbers were quantified using a haemocytometer. Cells were incubated with antibodies for 30 min at 4°C in staining media. After removing excess antibody, cells were

filtered to remove clumps and sorted on a FACS Aria cell sorter (BD Biosciences, San Jose, CA, USA).

***Glp1r* expression in sorted immune subsets** Following cell sorting, cells were washed and lysed, and total RNA extracted using RNeasy Mini or Micro kits (Qiagen, Mississauga, ON, Canada). Target cDNA was analysed for the expression of mouse *Glp1r* and  $\beta$ -actin gene mRNA transcripts by the PCR method [12]. Primer pairs are indicated in Electronic supplementary material (ESM) Table 1. The products were visualised with SYBR Safe DNA stain (Invitrogen, Carlsbad, CA, USA) and transferred to a Nytran Super Charge Nylon Membrane (Mandel Scientific, Guelph, ON, Canada). The amplified cDNA was hybridised overnight using internal primers (ESM Table 1), as described previously [12].

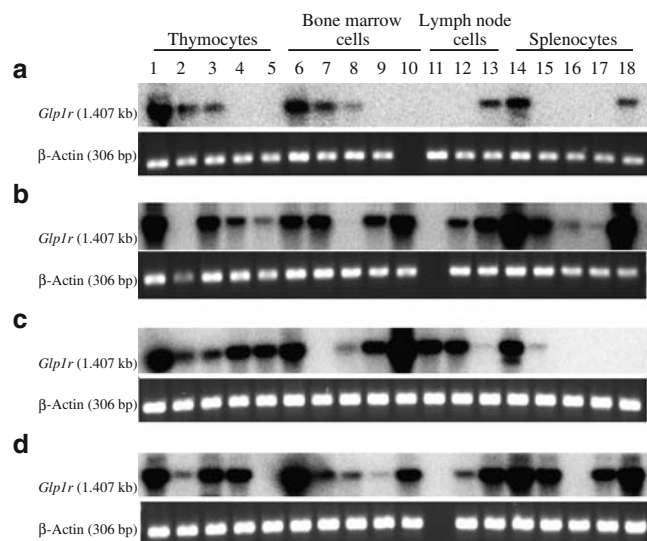
***Immunophenotyping analysis*** Single-cell suspensions were prepared from the spleen, lymph nodes, thymus and bone marrow of *Glp1r*<sup>-/-</sup> and littermate control mice, as described above. Cells ( $10^6$ ) were incubated at 4°C with primary and secondary (in the case of biotinylated primary) antibodies in cold staining media. Cells were either resuspended in cold staining media containing propidium iodide (for dead cell exclusion) and analysed directly, or fixed/permeabilised and stained with the anti-FOXP3 antibody according to the manufacturer's protocol. Cells were acquired on a FACSCalibur flow cytometer (BD Biosciences) and analysed using FlowJo software (Tree Star, Ashland, OR, USA).

***cAMP measurements*** Single-cell suspensions from spleens, thymuses and lymph nodes of 10- to 12-week-old normoglycaemic female NOD/Ltj and C57Bl/6 mice were prepared as described above. Primary cells were resuspended in Earle's balanced salt solution (Invitrogen) with 0.5% (vol./vol.) FBS and 10 mmol/l HEPES (treatment media). Triplicate wells were treated with the appropriate agonists, supplemented with 10  $\mu$ mol/l 3-isobutyl-1-methylxanthine (Sigma-Aldrich), for 15 min in an incubator. The reaction was terminated by the addition of 65% (vol./vol.) cold ethanol. cAMP levels were measured with a cAMP RIA kit (Biomedical Technologies, Stoughton, MA, USA).

***Proliferation studies*** Primary thymocytes and lymph node cells were prepared aseptically in complete RPMI media with 10% (vol./vol.) heat-inactivated FBS, 10 mmol/l HEPES, 0.055 mmol/l 2-mercaptoethanol, 2 mmol/l L-glutamine, 100 U/ml penicillin and 100  $\mu$ g/ml streptomycin. The indicated reagents were prepared in complete RPMI and added in triplicate in wells of tissue-culture (TC)-treated flat-bottom 96 well plates (BD Labware, Franklin Lakes, NJ, USA);  $1 \times 10^6$  thymocytes and  $5 \times 10^5$  lymph node cells were added per well and incubated for 48 h at 37°C in 5% CO<sub>2</sub>. Cells were then pulsed with 0.037 MBq [<sup>3</sup>H]thymidine per

well (GE Healthcare, Piscataway, NJ, USA) and plates were returned to the incubator for an additional 18 h. Following cell harvesting, the incorporated radioactivity was measured using an automated  $\beta$ -scintillation counter. Data are expressed as a stimulation index, calculated as the mean cpm of treated wells divided by the mean cpm of negative control (untreated) wells.

***Transwell migration assays*** Assays were performed as previously described, with slight modifications [19]. Primary cells were recovered from spleens, thymuses and peripheral and mesenteric lymph nodes under sterile conditions, and resuspended in migration assay media (RPMI1640 with 0.5% [wt/vol.] BSA and 25 mmol/l HEPES). Chemokines and peptides were prepared in migration assay media and added to the bottom wells of TC-treated six well plates in a total volume of 0.6 ml in duplicate. Input cells ( $1 \times 10^6$ ) were



**Fig. 1** *Glp1r* mRNA expression in immune subsets. Primary thymocytes (lanes 1–5), bone marrow cells (lanes 6–10), lymph node cells (lanes 11–13) and splenocytes (lanes 14–18) from male and female C57Bl/6 (**a**, **c**, respectively) and male and female NOD/Ltj mice (**b**, **d**, respectively) were stained and sorted on a FACS Aria. RNA was extracted from both the sorted populations and identical cell preparations prior to sorting (total populations) and target cDNA (30 ng RNA equivalent for sorted populations and 112.5 ng RNA equivalent for total populations) was analysed for the expression of mouse *Glp1r* mRNA.  $\beta$ -Actin mRNA expression was used as a control for the amount of starting RNA. The samples were loaded as follows. Lane 1: unsorted thymocytes; lane 2: CD4+CD8+ thymocytes; lane 3: CD4–CD8– thymocytes; lane 4: CD4+CD8– thymocytes; lane 5: CD4–CD8+ thymocytes; lane 6: unsorted bone marrow cells; lane 7: Gr1 lo/neg, CD11b Hi myeloid progenitors; lane 8: Gr1 Hi, CD11b Hi granulocytes; lane 9: CD19+ cells; lane 10: TCR+ cells; lane 11: unsorted lymph node cells; lane 12: CD4+TCR+ T cells; lane 13: CD8+TCR+ T cells; lane 14: unsorted splenocytes; lane 15: Gr1 lo/neg, CD11b Hi macrophages/monocytes; lane 16: Gr1 Hi, CD11b Hi granulocytes; lane 17: CD19+ cells; lane 18: CD4+CD25+ cells. For each sorted population, cells were pooled from two or three mice, and results were confirmed in two separate experiments

added to the top of a 5  $\mu\text{m}$  transwell membrane (Corning, Lowell, MA, USA). Where indicated, the transwell membranes were coated overnight with 20  $\mu\text{g}/\text{ml}$  fibronectin (BD Biosciences) followed by blocking with 2% (wt/vol.) BSA in PBS. After 4 h, cells that had migrated to the bottom well were collected and counted on a FACSCalibur flow cytometer, using FACS calibrate beads (BD Biosciences) as a normalisation standard. Dead cells were excluded from analysis by the addition of propidium iodide (Sigma-Aldrich).

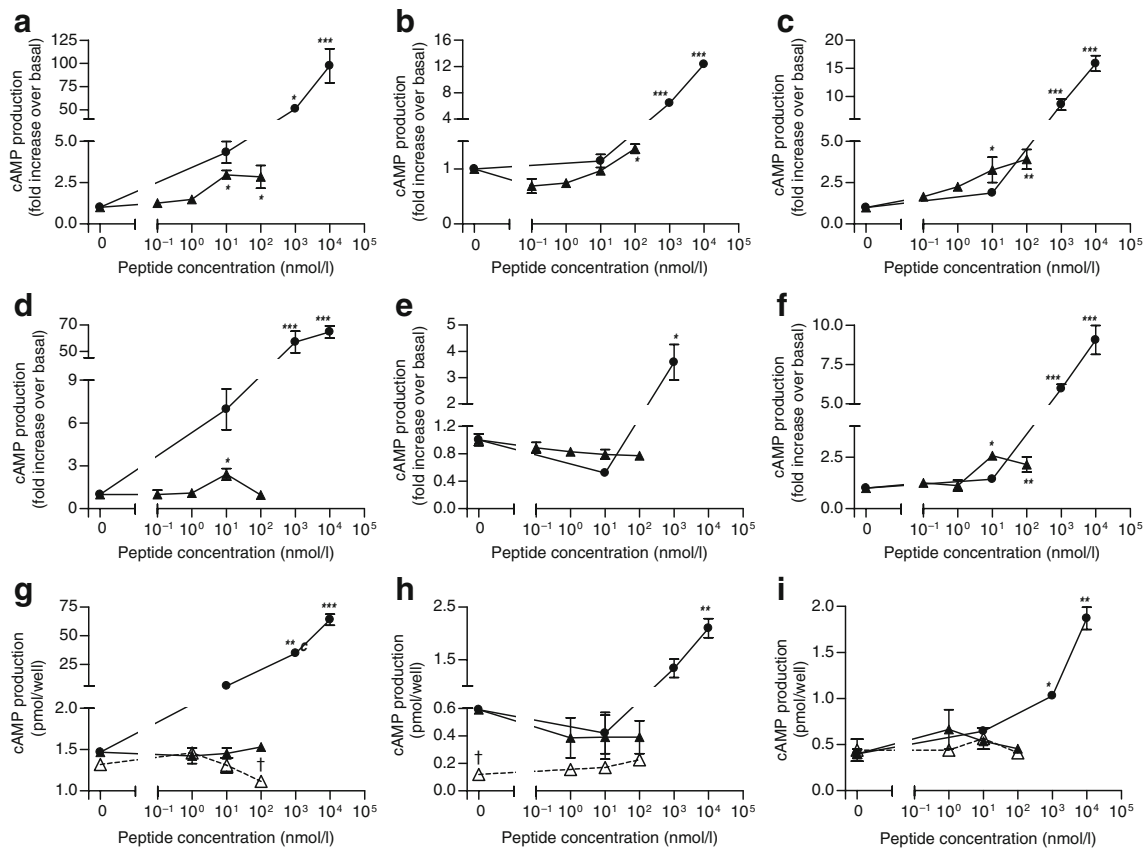
**Apoptosis studies** Primary thymocytes ( $1 \times 10^6$ ) in complete RPMI media were added to wells of TC-treated round-bottom 96-well plates. For apoptosis rescue experiments, thymocytes were pretreated for 1 h at 37°C with the indicated reagents, following by addition of dexamethasone, anti-Fas antibody or staurosporine. In loss-of-function studies, the aforementioned reagents were added directly to the cells. All treatments were performed in triplicate. Cells were collected 6 h after dexamethasone treatment and

18 h following anti-Fas antibody and staurosporine addition, stained for apoptosis markers using the annexin-V/7-AAD apoptosis detection kit (BD Pharmingen) and analysed on a FACSCalibur flow cytometer.

**Statistical analysis** Results are expressed as means $\pm$ SE, or where indicated means $\pm$ SD. All statistical analyses were performed with PrismVersion 4.0 software (GraphPAD Software, San Diego, CA, USA). Statistical significance was assessed by one- or two-way ANOVA. Differences were considered statistically significant at  $p < 0.05$ .

## Results

**Glpr mRNA expression in sorted immune populations** mRNA transcripts for *Glpr* were analysed in RNA from sorted immune populations from spleens, thymuses, lymph nodes and bone marrow of C57Bl/6 and normoglycaemic



**Fig. 2** Effects of GLP-1R activation on cAMP production in primary murine immune cells. Single-cell populations from the thymus (a, d, g) and axillary, inguinal, mandibular and superficial parotid and mesenteric lymph nodes (b, e, h) and spleen (c, f, i) of NOD (a–c) and C57 (d–i) mice were treated with the GLP-1R agonist Ex-4 (black triangles), alone (a–f) or in combination with the GLP-1R antagonist Exe(9–39) (white triangles) (g–i). PGE-2 (black circles) was used as a positive control. g–i Exe(9–39) was added 10 min prior to treatment

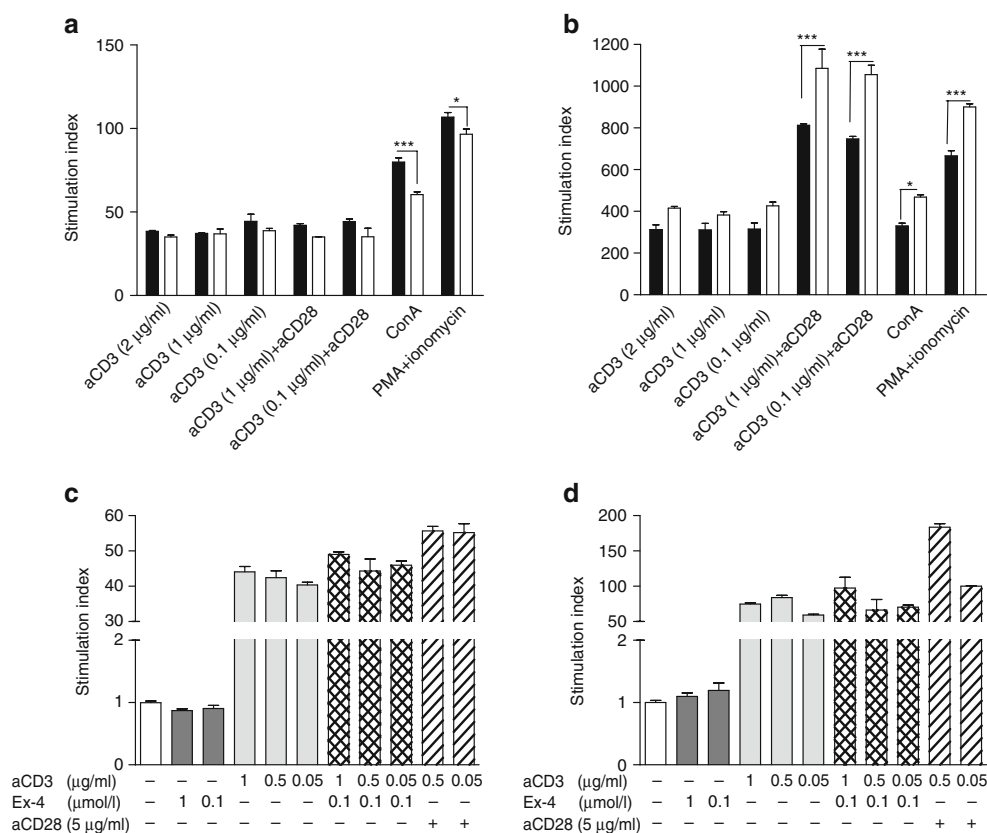
with Ex-4. After 15 min (a–f) or 10 min (g–i) of treatment, cells were lysed and total cAMP levels were quantified by RIA. Results are representative of two independent experiments. All treatments were performed in triplicate. Means $\pm$ SE. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  for treatment vs control (no peptide treatment); † $p < 0.05$  for GLP-1R agonist Ex-4 in combination with the GLP-1R antagonist Exe(9–39) vs Ex-4



NOD/Ltj mice (Fig. 1). Purity of sorted cells was  $\geq 90\%$  (ESM Figs 1 and 2). *Glp1r* mRNA transcripts were detected in multiple immune cell populations from NOD mice (Fig. 1b,d). In contrast, *Glp1r* mRNA transcripts were less abundant in immune cells from the C57 background (Fig. 1a,c). Most notably, *Glp1r* mRNA levels are present in mature CD4<sup>+</sup> and CD8<sup>+</sup> T cells isolated from lymph nodes of NOD mice. In comparison, on the C57 background, *Glp1r* mRNA was detected only in CD4<sup>+</sup> T cells from female mice and only in CD8<sup>+</sup> T cells from male mice (Fig. 1a–d, lanes 12 and 13). Splenic CD19<sup>+</sup> B cells from the NOD but not the C57 background were positive for *Glp1r* mRNA (Fig. 1a–d, lane 17). Additionally, we examined splenic CD4<sup>+</sup>CD25<sup>+</sup> cells, at least 75% of which also expressed FOXP3 in independent experiments, and are therefore thought to be Tregs [20]. *Glp1r* mRNA transcripts were expressed in CD4<sup>+</sup>CD25<sup>+</sup> cells isolated from both male and female NOD mice, but were only present in CD4<sup>+</sup>CD25<sup>+</sup> cells from male C57 mice (Fig. 1a–d, lane 18).

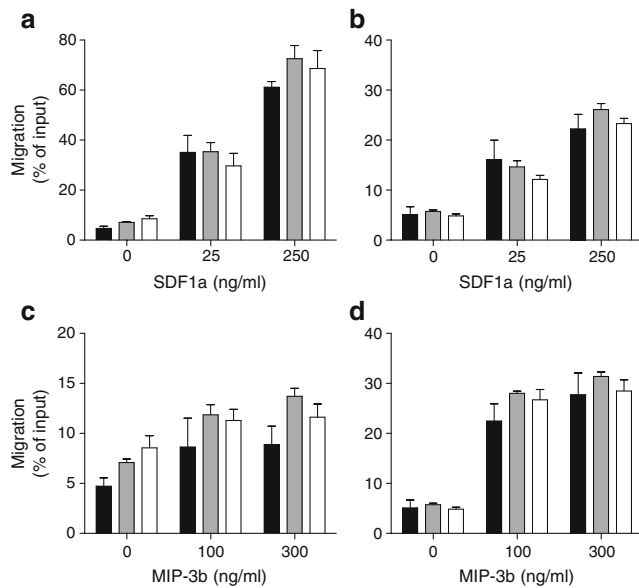
**GLP-1R activation leads to cAMP production in primary immune cells** GLP-1R activation is coupled to cAMP accumulation in multiple cell types [21]. When cells isolated from the thymuses, spleens and lymph nodes of NOD mice were treated with 10 or 100 nmol/l of the GLP-1R agonist Ex-4 for 15 min, cAMP production was significantly increased (Fig. 2a–c). Ex-4 also increased cAMP accumulation in primary splenocytes and thymocytes from C57 mice (Fig. 2d,f). In contrast, we could not detect an elevation in cAMP levels in C57 lymph node cells (Fig. 2e). Furthermore, the GLP-1R antagonist Ex(9–39) significantly attenuated cAMP production in response to Ex-4 in primary thymocytes and decreased basal cAMP levels in primary lymph node cells (Fig. 2g,h).

**Loss of GLP-1R signalling impairs proliferative responses** Primary thymocytes and lymph node cells from *Glp1r*<sup>+/+</sup> and *Glp1r*<sup>-/-</sup> mice were compared for their ability to proliferate in response to mitogens (Fig. 3a,b). *Glp1r*<sup>-/-</sup>



**Fig. 3** GLP-1R activation and proliferation of primary lymphocytes. Primary thymocytes (a) and lymph node cells (b) from female *Glp1r*<sup>+/+</sup> (black bars) and *Glp1r*<sup>-/-</sup> (white bars) mice were compared for their ability to proliferate in response to multiple mitogens. Single-cell suspensions from thymuses (c) and lymph nodes (d) of female C57Bl/6 WT were pretreated with a series of mitogens, including the GLP-1R agonist Ex-4, either alone or with an anti-CD3 antibody. Primary thymocytes in (a) and (c) were cultured in the presence of IL-2 (10 U/ml). a, b

ConA was used at a concentration of 1 µg/ml, PMA at a concentration of 1 µg/ml and ionomycin at 0.25 µg/ml. Cells were treated with the mitogens for 48 h, followed by addition of [<sup>3</sup>H]thymidine. Cells were harvested the next day for detection of incorporation of radioactivity, an index of cell proliferation. Data are mean stimulation indices  $\pm$  SE of triplicate cultures, and are representative of three independent experiments. \* $p < 0.05$ , \*\*\* $p < 0.001$  for *Glp1r*<sup>+/+</sup> vs *Glp1r*<sup>-/-</sup> cells



**Fig. 4** GLP-1R signalling is not required for the migration of primary lymphocytes. Primary thymocytes (**a, c**) and cells from peripheral lymph nodes (**b, d**) from *Glp1r*<sup>+/+</sup> (black bars), *Glp1r*<sup>+/-</sup> (grey bars) and *Glp1r*<sup>-/-</sup> (white bars) mice were compared for their ability to migrate in response to increasing concentrations of SDF1a (**a, b**), or MIP-3b (**c, d**). Cells were placed on the top well of a fibronectin-coated transwell insert. On the bottom well, media (control) or media with chemokines was added. After a 4 h incubation, cells that had migrated to the bottom well were collected and counted on a FACSCalibur. Results are means±SE ( $n=3-6$  mice per genotype). All treatments were performed in duplicate

thymocytes displayed a normal proliferative response to anti-CD3 antibody alone, or in combination with anti-CD28. In contrast, the proliferative response to ConA and to PMA and ionomycin was significantly reduced in *Glp1r*<sup>-/-</sup> thymocytes (Fig. 3a). Peripheral lymphocytes from *Glp1r*<sup>-/-</sup> mice exhibited an enhanced proliferative response to both ConA and PMA plus ionomycin, as well as to a combination of anti-CD3 and anti-CD28 antibodies (Fig. 3b). Nevertheless, activation of GLP-1R with Ex-4, either alone or in combination with anti-CD3 antibody, did

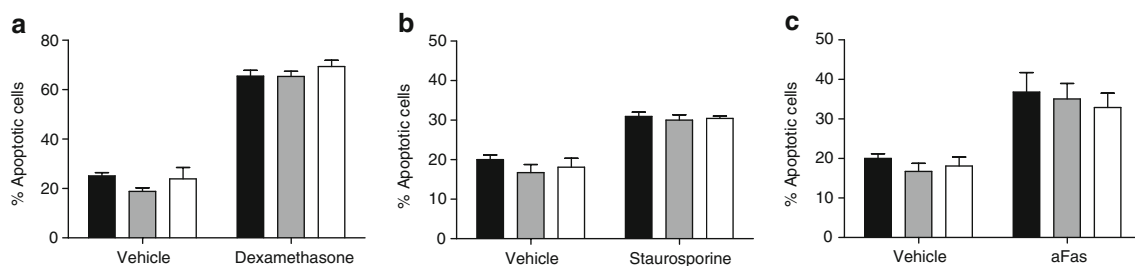
not result in a significantly different proliferation response in both central and peripheral WT lymphocytes (Fig. 3c,d).

*GLP-1R signalling is not required for the migration of primary lymphocytes* We next assessed the migratory response of *Glp1r*<sup>-/-</sup> thymocytes (Fig. 4a,c) and peripheral lymph nodes cells (Fig. 4b,d) towards increasing concentrations of SDF1a (Fig. 4a,b) and MIP-3b (Fig. 4c,d). No significant differences in migration were observed between the three genotypes. Furthermore, Ex-4 had no significant effects on chemotaxis of immune cells from C57Bl/6 (ESM Fig. 3) and NOD (ESM Fig. 4) mice, either alone or in combination with the chemokines SDF1a, MIP-3b or CCL25. In addition, pre-treatment with Ex-4 for 30 min had no effect on the migratory behaviour of primary thymocytes and splenocytes (ESM Fig. 4c,h).

*GLP-1R signalling does not modify cell death in murine thymocytes* There were no significant differences in thymocyte apoptosis following exposure of *Glp1r*<sup>-/-</sup> vs *Glp1r*<sup>+/-</sup> cells to dexamethasone (Fig. 5a), staurosporine (Fig. 5b) or anti-Fas antibody (Fig. 5c). Similarly, Ex-4 failed to modify apoptosis in primary thymocytes isolated from C57 and NOD mice (ESM Fig. 5), while pre-treatment with either cycloheximide or IL-4 reduced thymocyte apoptosis following exposure to dexamethasone (ESM Fig. 5a,b).

*Lymphocyte subsets in *Glp1r*<sup>-/-</sup> mice* Lymphocyte subsets from the bone marrow, thymus, spleen and lymph nodes of young (<12 weeks) and older (>12 weeks of age) male and female *Glp1r*<sup>-/-</sup> mice and *Glp1r*<sup>+/-</sup> littermate control mice were quantified (ESM Figs 6, 7, 8, 9, 10, 11, 12 and 13). The number of cells in lymph nodes was significantly greater in older female *Glp1r*<sup>-/-</sup> mice (Fig. 6c). There were no genotype differences in organ cellularity in younger males and females (Fig. 6a,b) and older males (Fig. 6d).

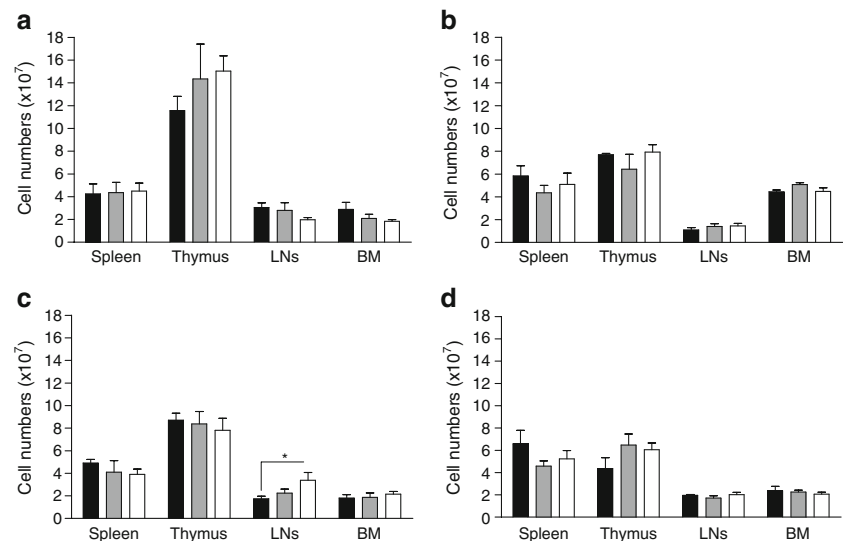
A significant reduction in the percentage of peripheral CD4+CD25+FOXP3+ Tregs was observed in cells from



**Fig. 5** GLP-1R signalling does not modify cell survival in primary thymocytes. Primary thymocytes from *Glp1r*<sup>+/+</sup> (black bars), *Glp1r*<sup>+/-</sup> (grey bars) and *Glp1r*<sup>-/-</sup> (white bars) mice were compared for their ability to survive apoptosis in response to 100 nmol/l dexamethasone (**a**), 1 μmol/l staurosporine (**b**) or activation of the Fas receptor with

1 μg/ml anti-Fas antibody (aFas) (**c**). Apoptosis was measured using annexin-V and the viability dye 7-AAD on a FACSCalibur. The percentage of apoptotic cells (annexin-V positive/7-AAD negative) is shown. Data are means±SE ( $n=3-4$  mice per genotype)

**Fig. 6** Lymphoid cellularity in *Glp1r*<sup>-/-</sup> mice. Splens, lymph nodes (axillary, inguinal, mandibular and superficial parotid and mesenteric), thymuses and the bone marrow (BM) from both tibia and femur were isolated from mice with a null mutation in the *Glp1r* gene (*Glp1r*<sup>-/-</sup>) (white bars) and littermate controls (*Glp1r*<sup>+/+</sup>) [black bars], *Glp1r*<sup>+/-</sup> [grey bars]). Organ cellularity was determined for female (a) and male (b) mice <12 weeks of age, and female (c) and male (d) mice >12 weeks of age. Data are means±SE (*n*=2–5 mice per genotype). \**p*<0.05 for *Glp1r*<sup>-/-</sup> vs *Glp1r*<sup>+/+</sup> cells



lymph nodes of young male *Glp1r*<sup>-/-</sup> mice (Fig. 7h). However, this difference was not observed in Tregs isolated from the spleen (Fig. 7k) or in peripheral Tregs from young female mice (Fig. 8i,l). In the thymus of young female mice, the percentage of immature CD4<sup>-</sup> CD8<sup>-</sup> double-negative cells was significantly higher and the percentage of CD4<sup>+</sup> CD8<sup>+</sup> double-positive cells was significantly lower in mice with one functional copy of the *Glp1r* vs WT and knockout animals (Fig. 8d,e). However, these differences in immature T cells were not seen in the periphery, as the proportion of peripheral T cells in young female *Glp1r*<sup>-/-</sup> mice were similar to those of littermate controls (Fig. 8h,k). In addition, the percentage of peripheral CD4<sup>+</sup> CD8<sup>+</sup> double-positive T cells in both the lymph nodes and the spleen was not different in the three genotypes (data not shown). Older female *Glp1r*<sup>-/-</sup> mice had a significantly higher percentage of immature B220<sup>+</sup>IgM<sup>-</sup> B cells in their bone marrow compared with *Glp1r*<sup>+/+</sup> mice (ESM Fig. 12b). Nevertheless, this difference was not persistent when we looked at the percentages of both immature and mature B cells in the periphery (ESM Fig. 12g,i). Similarly, the percentages of both mature and immature B and T cells in male mice >12 weeks was comparable between the three genotypes (ESM Fig. 13). When data were expressed as absolute numbers, no significant differences were observed between the three genotypes in both young and older mice (ESM Tables 2, 3, 4 and 5).

## Discussion

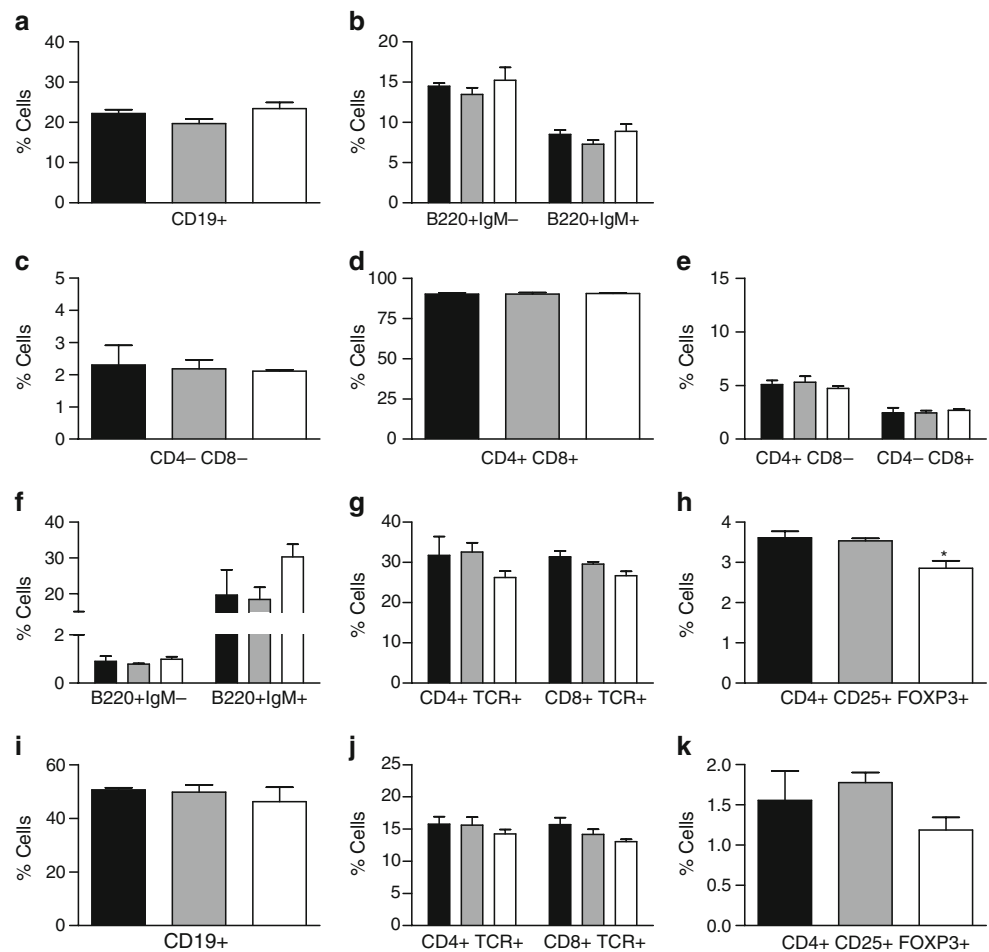
GLP-1R agonists and dipeptidyl peptidase-4 inhibitors are approved for the treatment of type 2 diabetes [22] and are being examined in clinical trials of islet transplantation in patients with type 1 diabetes [16, 17], an autoimmune dis-

order resulting from defective immunoregulation [23, 24]. A subset of patients with type 2 diabetes may also exhibit a dysregulated immune system [25–27]. Previous work from our laboratory [12], as well as others [15] suggested that GLP-1R signalling may regulate T cell subsets, including Tregs. We have now assessed the effects of activating or eliminating the GLP-1R in subsets of murine immune cells.

Although GLP-1 action was first localised to beta cells [28], the GLP-1R is detected in extrapancreatic tissues, including liver, lung, kidney, heart, brain and intestine [29, 30]. We previously demonstrated that *Glp1r* transcripts are expressed in spleen, thymus and lymph nodes of NOD and C57Bl/6 mice [12]. Our current findings illustrate that the *Glp1r* is more widely expressed in immune subpopulations from the NOD, relative to the C57Bl/6 background. Chiu et al. demonstrated a higher frequency of activated B and T cells in the NOD mouse compared with other strains, including the C57Bl/6 mouse [31]. Hence one potential explanation for the differential *Glp1r* expression could be the activation status of lymphocytes, as we did not discriminate between rested and activated B and T cells during the sorting procedure. Further studies are required to examine the significance of and mechanisms underlying the differential *Glp1r* expression on the NOD vs C57 background.

Intriguingly, there were sex-specific differences in *Glp1r* expression. There are no reports examining sex differences in GLP-1R abundance in immune cells, or in other tissues. Perhaps not surprisingly there are reported sex-specific patterns of gene expression in the NOD mouse [32]. Hence the observed differences in GLP-1R abundance may reflect both species-specific and sex-specific differences in the control of GLP-1R production. As diabetes development demonstrates a strong sex bias in the NOD mouse, the implications arising from differences in GLP-1R levels require further examination.

**Fig. 7** Immunophenotyping analysis of male *Glp1r*<sup>-/-</sup> mice. Single-cell suspensions from bone marrow (a, b), thymus (c–e), lymph nodes (f–h) and spleen (i–k) of *Glp1r*<sup>-/-</sup> (white bars) and littermate control (*Glp1r*<sup>+/+</sup> [black bars], *Glp1r*<sup>+/-</sup> [grey bars]) male mice <12 weeks of age, were analysed for the percentage of different immune subsets as shown, using flow cytometry. Dead cells (propidium iodide-positive cells) were excluded from analysis. Data are means±SE (*n*=2–4 mice per genotype). \**p*<0.05 for *Glp1r*<sup>-/-</sup> vs *Glp1r*<sup>+/-</sup> and *Glp1r*<sup>+/+</sup> cells



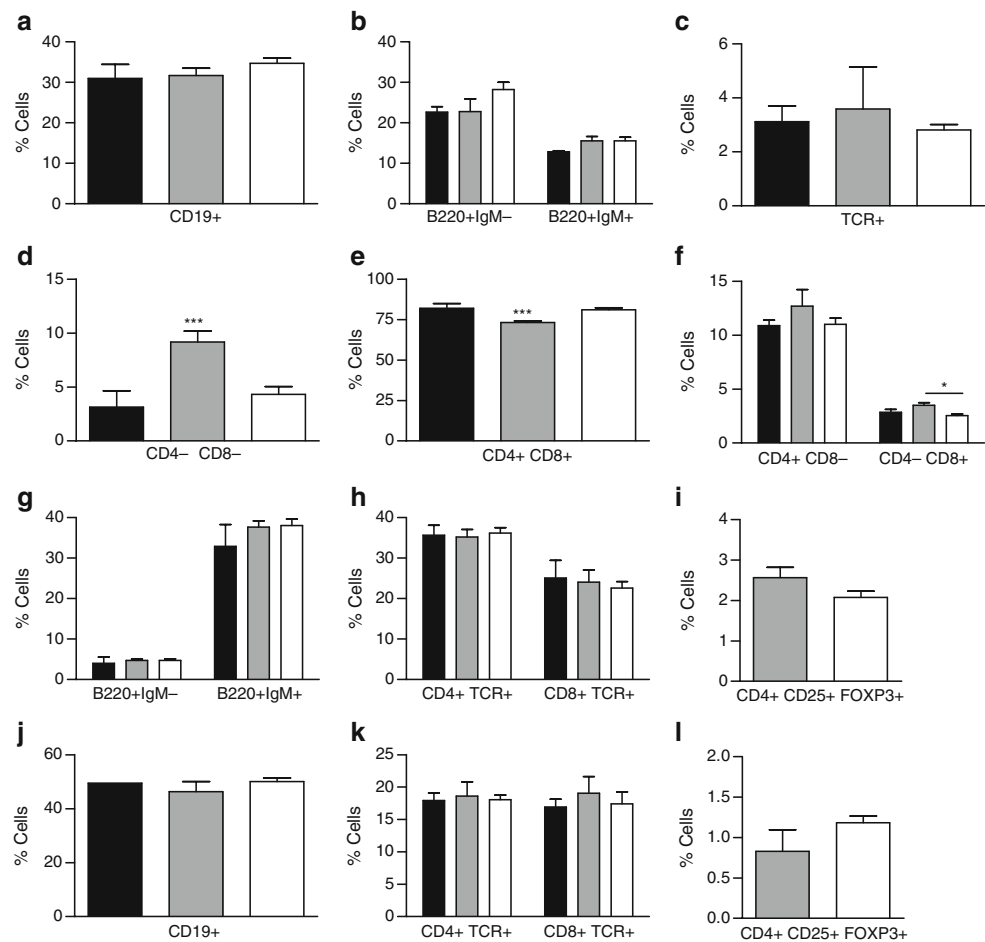
Our analyses reveal that several immature lymphocyte subsets in the thymus and bone marrow express *Glp1r* transcripts. In particular, CD19+ B cells from the bone marrow of female but not male C57 mice are positive for *Glp1r* transcripts. Moreover, aged female *Glp1r*<sup>-/-</sup> mice have a significantly increased percentage of immature B220+ IgM- B cells in their bone marrow, implicating GLP-1R signalling in B cell maturation. Further studies are required to determine the timing and significance of GLP-1R production during haematopoiesis and lymphocyte maturation.

*Glp1r* transcripts were also detected in sorted CD4+ CD25+ cells, a cell subset mostly comprising Tregs [33]. *Glp1r* transcripts are present in CD4+CD25+ cells isolated from the spleens of male C57 mice. Immunophenotyping analysis revealed a significant deficiency in the percentage of CD4+CD25+FOXP3+ Tregs from the lymph nodes of male *Glp1r*<sup>-/-</sup> mice, thus suggesting that GLP-1R signalling could play a role in the maintenance and functioning of Tregs. Conversely, we were not able to detect *Glp1r* mRNA transcripts in splenic samples of female C57 mice, and we did not find a difference in the percentage of splenic and lymph node Tregs of female *Glp1r*<sup>-/-</sup> mice.

On the NOD background, CD4+CD25+ cells from both male and female mice were positive for *Glp1r* transcripts. Very little is known about a potential role for GLP-1R in the frequency and suppressive capacity of Tregs in the setting of an autoimmune attack. Previous work from our laboratory demonstrated a decrease in the number of thymic Tregs in NOD mice receiving chronic Ex-4 treatment, although we did not detect any differences in peripheral Tregs isolated from lymph nodes [12]. Intriguingly, Suarez-Pinzon et al. have shown that treatment of diabetic NOD mice with a combination of GLP-1 and gastrin results in a diminished autoimmune response during the transplantation of syngeneic islets. The authors observed an induction of suppressive cytokine secretion in islet-infiltrating leucocytes, and concluded that the GLP-1 and gastrin combination therapy may regulate immune pathways in the NOD mice [13]. A recent study investigated the role of GLP-1R activation in the number and function of Tregs in NOD mice. Treatment with 200 ng Ex-4 for 30 days increased the number of splenic Tregs. Furthermore, a trend towards enhanced Treg function was observed in CD4+CD25+ splenocytes isolated from Ex-4-treated mice [15].



**Fig. 8** Immunophenotyping analysis of female *Glp1r*<sup>-/-</sup> mice. Single-cell suspensions from bone marrow (a–c), thymuses (d–f), lymph nodes (g–i) and spleen (j–l) of *Glp1r*<sup>+/+</sup> (black bars), *Glp1r*<sup>+/-</sup> (grey bars) and *Glp1r*<sup>-/-</sup> (white bars) female mice (<12 weeks of age) were analysed for the percentage of different immune subsets as shown, using flow cytometry. Results are plotted as a percentage of total live cells and shown as means±SE (*n*=2–5 mice per genotype). \**p*<0.05 for *Glp1r*<sup>-/-</sup> vs *Glp1r*<sup>+/-</sup> cells; \*\*\**p*<0.001 for *Glp1r*<sup>+/-</sup> vs *Glp1r*<sup>+/+</sup> and *Glp1r*<sup>-/-</sup>



Our data demonstrated that GLP-1R activation leads to a modest but significant increase in cAMP accumulation in mixed leucocyte populations. Elevated cAMP has been shown to be a mechanism by which Tregs induce immunosuppression. In fact, Tregs express high levels of cAMP, and are able to induce cAMP accumulation in activated target cells by multiple mechanisms [34, 35]. Taking into consideration that GLP-1R activation modulates Treg function [15], it is possible to speculate that this mechanism is cAMP dependent. Further experiments are required to elucidate potential mechanism(s) by which GLP-1R activation augments Treg function.

GLP-1R activation did not enhance proliferation of primary thymocytes and lymph node cells, either alone or as a costimulatory signal when combined with anti-CD3. In contrast, loss of GLP-1R signalling in primary thymocytes resulted in a significantly diminished proliferation response upon ConA and PMA plus ionomycin stimulation, but there was no difference on the proliferative response when thymocytes were stimulated with anti-CD-3 and anti-CD-3 plus anti-CD-28 activation. Stimulation of T cells with ConA is dependent on changes in cellular cAMP [36, 37]. Hence it is possible that GLP-1R activation has an additive

effect on cAMP accumulation following activation with ConA, and the absence of this additive effect, as is the case in immune cells lacking functional GLP-1R, results in a defective proliferative response.

The combination of PMA and ionomycin induces proliferation by directly activating protein kinase C (PKC) and increasing intracellular calcium levels, hence bypassing T cell receptor activation [38]. The fact that thymocytes from *Glp1r*<sup>-/-</sup> mice displayed a hypoproliferative response to PMA plus ionomycin suggests that GLP-1R signalling is required subsequent to activation of PKC. Potential candidates could be transcription factors, as GLP-1R activation in the islet beta cells has been shown to promote nuclear translocation of nuclear factor kappaB and the nuclear factor of activated T cells, and to activate several immediate early-response genes and proto-oncogenes [39–41], which are common in the signalling pathway of TCR activation [42].

Paradoxically, *Glp1r*<sup>-/-</sup> peripheral lymph node cells exhibited a significantly enhanced proliferative response to mitogens. It has been shown that in mouse islets, genetic disruption of GLP-1R signalling results in compensatory changes in signalling pathways. In the study by Flamez et al., islets lacking a functional GLP-1R also demonstrated

elevated cytosolic calcium levels, and this increase in calcium was observed at a significantly lower threshold for glucose concentration [43]. These results might partially explain the hyperresponsiveness of immune cells lacking GLP-1R signalling, as elevation in cytosolic calcium is a triggering signal for lymphocyte proliferation (as reviewed [44]).

The hypoproliferative responses in thymocytes from *Glp1r*<sup>-/-</sup> mice were observed only when thymocytes were stimulated with non-physiological mitogens (PMA and ConA). Hence it seems that GLP-1R signalling is not critical for the endogenous proliferation of thymocytes. However, we did observe a defect in response to anti-CD3 plus anti-CD28 in peripheral lymphocytes, which suggests that GLP-1R signalling may be required for optimal proliferation of peripheral lymphocytes under these experimental conditions. A potential explanation for these differences could be that, in the thymus, absent GLP-1R signalling is compensated by upregulation of other mechanisms not operative in the periphery. Indeed, it was previously reported that glucoregulatory actions of GLP-1 are compensated via other mechanisms in *Glp1r*<sup>-/-</sup> mice [45].

GLP-1R signalling in immune cells was not associated with modulation of anti-apoptotic pathways. In contrast, GLP-1R activation inhibits apoptosis in other cell types including islet beta cells, cardiomyocytes and neurons [46–48]. However, we cannot exclude the possibility that a modest effect of GLP-1 on cell survival may have been obscured, as the importance of GLP-1R signalling for cytoprotection was studied in mixed immune populations. Hence, further viability studies are required in isolated immune subsets producing the GLP-1R to resolve whether GLP-1R signalling has a role in leucocyte apoptosis.

Similarly, we were not able to detect any effects on lymphocyte migration upon either GLP-1R activation or loss of GP-1R signalling in mixed primary immune populations. This result was also unanticipated, as it is well accepted that G protein-coupled receptor signalling is crucial for chemotaxis [49, 50]. The GLP-1R, although primarily coupled to G $\alpha$ s, has also been shown to couple to the G $\alpha$ i protein [51], which is essential for the migration response. In agreement with our results, Kim et al. also did not find a significant effect on migration of GLP-1-treated splenic CD4<sup>+</sup> T cells [52].

In conclusion, we report that *Glp1r* mRNA is widely expressed in several immune subpopulations. Activation of the GLP-1R leads to cAMP accumulation, and GLP-1R signalling contributes to the regulation of both thymocyte and peripheral T cell proliferation. Moreover, the GLP-1R is involved in the maintenance of peripheral Tregs. These findings expand our understanding of the role of the GLP-1R in the development, maintenance and function of the immune system.

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